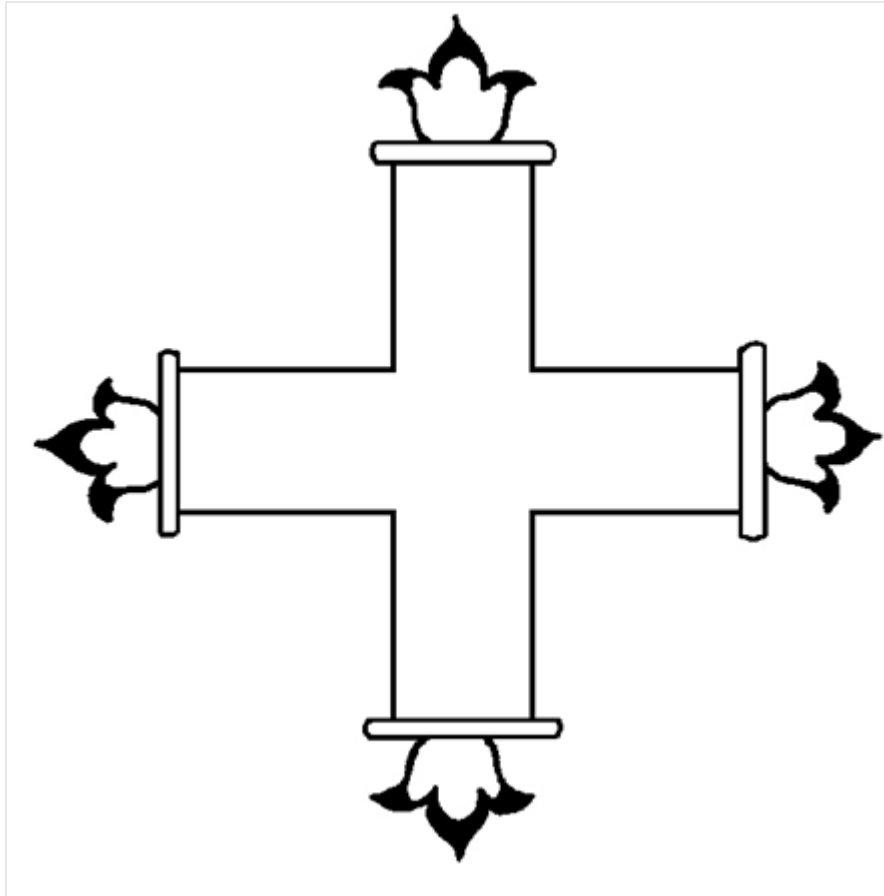


The Twenty-First Sunday after Pentecost
October 13, 2024 - 10:15 a.m.



St. Barnabas' Episcopal Church
*Serving our community, the world, and each other
through the love of Jesus Christ.*

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Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

The Twenty-First Sunday after Pentecost
October 13, 2024

10:15 a.m. Holy Eucharist

Prelude *Contemplation* Wihla Hutson

Hymn 408 *Sing Praise to God* Mit Freuden Zart

Celebrant Blessed be the one, holy, and living God.
People **Glory to God for ever and ever.**

A Song of Praise S-236 *Glory to You* John Rutter

The Collect of the Day

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray:

Lord, we pray that your grace may always precede and follow us, that we may continually be given to good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Lessons

Job 23: 1-9, 16-17

Job said:

"Today also my complaint is bitter;
his hand is heavy despite my groaning.

Oh, that I knew where I might find him,
that I might come even to his dwelling!

I would lay my case before him,
and fill my mouth with arguments.

I would learn what he would answer me,
and understand what he would say to me.

Would he contend with me in the greatness of his power?
No; but he would give heed to me.

There an upright person could reason with him,
and I should be acquitted forever by my judge.

"If I go forward, he is not there;
or backward, I cannot perceive him;
on the left he hides, and I cannot behold him;
I turn to the right, but I cannot see him.

God has made my heart faint;
the Almighty has terrified me;

If only I could vanish in darkness,
and thick darkness would cover my face!"

The Word of the Lord.
Thanks be to God.

People

Psalm 22: 1-15



- 1 My God, my God, why have you forsaken me, *
and are so far from my cry
and from the words of my distress?
- 2 O my God, I cry in the daytime, but you do not answer; *
by night as well, but I find no rest.
- 3 Yet you are the Holy One, *
enthroned upon the praises of Israel.
- 4 Our forebears put their trust in you; *
they trusted, and you delivered them.
- 5 They cried out to you and were delivered; *
they trusted in you and were not put to shame.
- 6 But as for me, I am a worm, and less than human, *
scorned by all and despised by the people.



- 7 All who see me laugh me to **scorn;** *
they curl their lips and wag their heads, **saying,**
8 "You trusted in God for **deliverance;** *
let God rescue you, if God **delights in you."**
9 Yet you, O God, are the one who took me out of the **womb** *
and kept me safe upon my mother's **breast.**
10 I have been entrusted to you ever since I was **born;** *
you were my God when I was still in my mother's **womb.**
11 Be not far from me, for trouble is **near,** *
and there is none to **help.**
12 Many young bulls **encircle me;** *
strong bulls of Bashan **surround me.**
13 They open wide their **jaws at me,** *
like a ravening and a roaring **lion.**
14 I am poured out like water;
all my bones are out of **joint;** *
my heart within my breast is melting **wax.**
#15 My mouth is dried out like a **pot-sherd;**
my tongue sticks to the roof of my mouth, *
and you have laid me in the dust of the **grave.**

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Hebrews 4:13-26

The word of God is living and active, sharper than any two-edged sword, piercing until it divides soul from spirit, joints from marrow; it is able to judge the thoughts and intentions of the heart. And before him no creature is hidden, but all are naked and laid bare to the eyes of the one to whom we must render an account.

Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our confession. For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who in every respect has been tested as we are, yet without sin. Let us therefore approach the throne of grace with boldness, so that we may receive mercy and find grace to help in time of need.

The Word of the Lord.
Thanks be to God.

People

Mark 10:17-31

The Holy Gospel of our Lord Jesus Christ according to Mark.

*People***Glory to you, Lord Christ.**

As Jesus was setting out on a journey, a man ran up and knelt before him, and asked him, "Good Teacher, what must I do to inherit eternal life?" Jesus said to him, "Why do you call me good? No one is good but God alone. You know the commandments: 'You shall not murder; You shall not commit adultery; You shall not steal; You shall not bear false witness; You shall not defraud; Honor your father and mother.'" He said to him, "Teacher, I have kept all these since my youth." Jesus, looking at him, loved him and said, "You lack one thing; go, sell what you own, and give the money to the poor, and you will have treasure in heaven; then come, follow me." When he heard this, he was shocked and went away grieving, for he had many possessions.

Then Jesus looked around and said to his disciples, "How hard it will be for those who have wealth to enter the kingdom of God!" And the disciples were perplexed at these words. But Jesus said to them again, "Children, how hard it is to enter the kingdom of God! It is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God." They were greatly astounded and said to one another, "Then who can be saved?" Jesus looked at them and said, "For mortals it is impossible, but not for God; for God all things are possible."

Peter began to say to him, "Look, we have left everything and followed you." Jesus said, "Truly I tell you, there is no one who has left house or brothers or sisters or mother or father or children or fields, for my sake and for the sake of the good news, who will not receive a hundredfold now in this age—houses, brothers and sisters, mothers and children, and fields with persecutions—and in the age to come eternal life. But many who are first will be last, and the last will be first."

After the Gospel, the Reader says

The Gospel of the Lord.

*People***Praise to you, Lord Christ.**

LEVAS 111, vss. 3

Come, Thou Fount

Nettleton

Sermon

The Rev. John Bolin Shellito

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

Congregational Prayer

adapted from the *Africana Worship Book, Year C* <https://episcopalvirginia.org/resources/administration/stewardship/prayers/>

We give thanks for our remembrance of those Christ-followers who have demonstrated what it is to do good and right, in remembrance of our Messiah and Savior.

For those who have protected children and provided for them.

For those who have encouraged the young, and for those who have given them a Godly hope.

For those who have strived for peace, within and without.

For those who have walked humbly, who have sought reconciliation among nations.

For those who have fought injustice, and been willing to risk their lives for justice.

For those who have fed the hungry, clothed the naked, and liberated the captives.

For those who have shared God's care, practiced grace, and exercised hospitality.

For all those who have returned a proportion of their God-given time, talent, and treasure, to continue to welcome Christ within St. Barnabas', and most importantly within our hearts.

Lord, we give thanks for those who have inspired us by their words and actions, and we pray that we may be an encouraging example to others.

We pray for all people, we pray for the church universal, we pray for our country, and we pray for all the nations.

The Celebrant says the concluding Collect, by Thomas Merton

Almighty God, we thank you for all the gifts You have given us: our lives, our loved ones, all that we have and all that we are. Most of all, we thank You for Jesus, your Son and our Redeemer, who came among us to show us the way to eternal life. Jesus was the perfect steward of your gifts, showing that complete trust in You is necessary, and that giving of self is a most important part of following Him. May the offerings of our time, our talents, and our material resources be made in the same spirit of sacrifice that Jesus taught us by His life and death for us.
Amen.

The Confession of Sin

The Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Priest stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

All stand as able

Celebrant The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to come to the front for prayer.

Watch over your *child/children* [____], O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants [____ and ____ etc], that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

Liturgy of the Table

Celebrant

May the peace which passes all understanding guard your hearts and minds, in Christ Jesus our Lord.

Offertory

Give Me Jesus

arr. Jack Schrader

Doxology

Machu-Pichu

The Great Thanksgiving

Eucharistic Prayer 1

Enriching Our Worship

The people stand in body or spirit. The Celebrant faces them and sings or says

The musical notation consists of four staves. The first staff is for the Celebrant, with the lyrics "The Lord be with you. And al - so with you." The second staff is for the People, with the lyrics "Lift up your hearts. We lift them to the Lord." The third staff is for the Celebrant, with the lyrics "Let us give thanks to the Lord our God." The fourth staff is for the People, with the lyrics "It is right to give our thanks and praise." The notation includes a treble clef, a key signature of one flat (B-flat), and a common time signature (C). The music is written in a simple, melodic style with quarter and eighth notes, and rests.

Celebrant

It is truly right, and good and joyful,
to give you thanks, all-holy God,
source of life and fountain of mercy.

Through Jesus Christ our Lord; who on the first day of the
week overcame death and the grave, and by his glorious
resurrection opened to us the way of everlasting life.

Therefore, joining with Angels and Archangels
and with the faithful of every generation,
we lift our voices with all creation as we sing:

Sanctus WLP 858

Holy, Holy, Holy

Land of Rest

The Celebrant continues

Blessed are you, gracious God,
creator of the universe and giver of life.
You formed us in your own image
and called us to dwell in your infinite love.
You gave the world into our care
that we might be your faithful stewards

and show forth your bountiful grace.
But we failed to honor your image
in one another and in ourselves;
we would not see your goodness in the world around us;
and so we violated your creation,
abused one another,
and rejected your love.
Yet you never ceased to care for us,
and prepared the way of salvation for all people.

Through Abraham and Sarah
you called us into covenant with you.
You delivered us from slavery,
sustained us in the wilderness,
and raised up prophets
to renew your promise of salvation.
Then, in the fullness of time,
you sent your eternal Word,
made mortal flesh in Jesus.
Born into the human family,
and dwelling among us,
he revealed your glory.
Giving himself freely to death on the cross,
he triumphed over evil,
opening the way of freedom and life.

On the night before he died for us,
Our Savior Jesus Christ took bread,
and when he had given thanks to you,
he broke it, and gave it to his friends, and said:
"Take, eat:
This is my Body which is given for you.
Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine,
and when he had given thanks,
he gave it to them, and said:
"Drink this, all of you:
This is my Blood of the new Covenant,
which is poured out for you and for all
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

**Christ has died.
Christ is risen.
Christ will come again.**

The Celebrant continues

Remembering his death and resurrection,
we now present to you from your creation
this bread and this wine.
By your Holy Spirit may they be for us
the Body and Blood of our Savior Jesus Christ.
Grant that we who share these gifts
may be filled with the Holy Spirit
and live as Christ's Body in the world.
Bring us into the everlasting heritage
of your children,
that with the Blessed Virgin Mary,
Blessed Barnabas, and all your saints,
past, present, and yet to come,
we may praise your Name for ever.

Through Christ and with Christ and in Christ,
in the unity of the Holy Spirit,
to you be honor, glory, and praise,
for ever and ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
The Breaking of the Bread**

**who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

**Whoever comes to me shall not hunger
And whoever believes in me shall never thirst.**

Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 831

Ubi Caritas

Taizé

LEVAS 149

In Remembrance of Me

Buryl Red

After Communion, the Celebrant says

Let us pray.

Celebrant and People

**God of abundance,
you have fed us
with the bread of life and cup of salvation;
you have united us
with Christ and one another;
and you have made us one
with all your people in heaven and on earth.
Now send us forth
in the power of your Spirit,
that we may proclaim your redeeming love to the world
and continue for ever
in the risen life of Christ our Savior. Amen.**

The Blessing

Hymn 655

O Jesus I Have Promised

Nyland

The Dismissal

Celebrant Go in peace to love and serve the Lord.

People **Thanks be to God.**

Postlude

Sonata I: Allegro Maestoso

Mendelssohn

The altar flowers are given to the glory of God.

CALENDAR

Sunday, October 13

- 8:00 AM Holy Eucharist
- 10:15 AM Holy Eucharist *followed by Coffee Hour*
- 1:00 PM Oneness Mission Church (until 3:30 PM)
- 4:30 PM Ryders' Rounders - Richardson Room (until 8:30 PM)
- 5:30 PM Ladies' Night Out Al Anon - Lyles Room (until 7 PM)

Monday, October 14

- 10:00 AM Serenity Seekers Al-Anon - Richardson Room
(until 11 AM)

Tuesday, October 15

- 10:00 AM Barnabees Craft Group - Richardson Room
- 3:45 PM Annandale Safe Youth Project - Richardson Room
(until 6 PM)

Wednesday, October 16

- 10:00 AM Wednesday Worship-Holy Eucharist - Library
- 3:45 PM Annandale Safe Youth Project - Richardson Room
(until 6 PM)
- 8:30 PM AA Barnabas Group - Richardson Room (until 10 PM)

Thursday, October 17

- 3:45 PM Annandale Safe Youth Project - Richardson Room
(until 6 PM)
- 7:00 PM Ryders' Rounders - Richardson Room (until 9:30 PM)

Saturday, October 19

- 9:00 AM Parish Workday (until 12:00PM)

Sunday, October 20 The Twenty-second Sunday after Pentecost

- 8:00 AM Holy Eucharist
- 10:15 AM Holy Eucharist *followed by Coffee Hour*
- 1:00 PM Oneness Mission Church (until 3:30 PM)
- 5:30 PM Ladies' Night Out Al Anon - Lyles Room (until 7 PM)
- 6:30 PM Ryders' Rounders - Richardson Room (until 8:30 PM)

Participants in the services today are:

8:00 a.m.

Vestry Leader/Closer
Acolyte
Lector
Chalicer
Opener

Linda Hartman
Mark Patterson
Mark Patterson
Dave Wright
Molly Newling

10:15 a.m.

Acolytes
Lectors
Chalicer
Usher
Coffee Hour
Flower Guild
Counters
Altar Guild

Laura Westerlund
Camille Mittelholtz, Cindy McLaughlin
Cindy McLaughlin, Ellen Riddle
Tim Greer
Ken & Camille Mittelholtz
TBD
Jeff Schaefer, Robin Erskine
Jocelyn Leatherwood, Betty Jo Fortune, Sharon Jones

Participants in the services of Holy Eucharist on October 20 are:

8:00 a.m.

Vestry Leader/Closer
Acolyte
Lector
Chalicer
Opener

Ken Mittelholtz
Michael Dugger
Michael Dugger
Mark Patterson
Mark Patterson

10:15 a.m.

Acolytes
Lectors
Chalicer
Usher
Coffee Hour Hosts
Flower Guild
Counters
Altar Guild

Blue Kennedy
Cindy McLaughlin, Nathan Harpine
Nathan Harpine, Mark Patterson
Art Hamerschlag
Tim & Diana Greer
TBD
Jeff Schaefer, Robin Erskine
Mary Yeaman, Grace Robbins, Beth Crutchley

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.